Challenge, Learn, Explore

Trabolgan

School and College Breaks

Call: +353 (0) 21 466 1551 | trabolgan.com |
PACKING CHECKLIST
We recommend that students bring:

- T-shirts
- Jumpers/hoodies
- Synthetic trousers for walking
- Comfortable waterproof shoes
- Water-resistant jacket
- Change of clothes for evening/dinner
- Pyjamas
- Towels
- Toiletries
- Swimwear
- Notebook and pens (to jot down notes during presentations)

Bring plenty of spare dry clothes, depending on the time of year sun cream might be handy, and don’t forget umbrellas!

LIFE SKILLS

CHALLENGE: face challenges head on and experience a fun-filled adventure.

LEARN: learn new skills from outdoor pursuits to running your own business.

EXPLORE: over 140 acres of natural woodland to discover, with a multitude of new activities to try.

Our transition year breaks are tailored to meet national curriculum guidelines

Learn to live

We have over 30 years experience in outdoor education.

Academic packages include chats with our managers in business sectors including finance, marketing, HR, and management. Students will learn through examples and discussion.

Biology and Ecology will come to life at the Trabolgan Birds of Prey Educational Centre. Get a glimpse into the world of owls with Sam Murphy – falconer with over 20 years experience in the rearing and training of raptors. Learn about birds of prey and their role in our environment and discuss the conservation issues involved in their protection. Zoo licensed since 2016.

Limited availability School Tours at Trabolgan Holiday Village. We offer School Tours from September to October and March to May. Book your super School Tour today!

Call: +353 (0) 21 466 1551 | trabolgan.com | Facebook | Instagram | Twitter | LinkedIn
Typical 3 day 4 night tour

We can tailor packages for your school.

<table>
<thead>
<tr>
<th>Day 1</th>
<th>Day 2</th>
<th>Day 3</th>
<th>Day 4</th>
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<tr>
<td>1.00pm</td>
<td>8.00am</td>
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<tr>
<td>Arrival</td>
<td>Breakfast</td>
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<td>3.00pm</td>
<td>9.30am</td>
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<tr>
<td>Swim in our Subtropical Pool Paradise</td>
<td>How to run a business – chat with our managers on setting up and running an enterprise</td>
<td>My CV – advice on creating a captivating CV and landing that dream job</td>
<td>GPS Orienteering</td>
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<td>6.00pm</td>
<td>10.30am</td>
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<td>12.00pm</td>
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<tr>
<td>Dinner</td>
<td>Zip Wire</td>
<td>Go-karting</td>
<td>Departure</td>
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<td>7.00pm</td>
<td>12.00pm</td>
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<tr>
<td>Live entertainment</td>
<td>Lunch</td>
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<td>1.00pm</td>
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<tr>
<td>Rock Climbing</td>
<td>Abseiling</td>
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<td>2.30pm</td>
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<tr>
<td>Bird of Prey Centre</td>
<td>9-hole Par 3 Golf Course</td>
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<tr>
<td>Dinner</td>
<td>Combat Laser</td>
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<td>Prize Bingo</td>
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Safety is paramount at Trabolgan Holiday Village. All adventure and safety equipment is provided by us. All instructors and relevant staff are fully qualified, and trained in safety, first aid, health and welfare, and are Garda vetted. 24-hour security on-park.

Book your stay today! We can check availability and immediately take a provisional booking for you. We will post you parental consent forms. Please pay the deposit within 21 days of booking date.

6 WEEKS PRIOR TO ARRIVAL

Numbers: please provide us with exact numbers of students attending and teachers, plus a breakdown of male and female students.

Times: please provide us with your School Tour’s time of arrival and departure time.

Payment: we require full payment at this point.

Itinerary: on receipt of final payment we will post or email you an itinerary.

1 WEEK PRIOR TO ARRIVAL

Groups: we will allocate students’ houses and activity groups as per email we will send you.

Towels and toiletries: please remind students that towels and toiletries will not be provided, we advise students bring their own or purchase them in our on-park convenience store. Bed linen is provided for all.

Contact our Groups Co-ordinator today to plan your perfect stay:
Call 021 466 1551
Email groups@trabolgan.com

Multi-activity school tours

Activities:

- Abseiling
- Zip Wire
- Climbing
- Pool Paradise
- Obstacle Course
- Archery
- Bungee
- Trampolines
- Go-Karting
- Body Zorbing
- Crazy Golf
- FootGolf
- AstroTurf Pitch
- GPS Orienteering
- Birds of Prey

Dining at Trabolgan

We cater for all size groups and offer a wide range of dining choices to suit everyone.

Full board and half board options available.

A la carte menus, buffets and carvery options, we can tailor to your needs.

A deli counter, Costa Coffee outlet, Sports Hall Coffee Shop and much more.

Comfortable self-catering

Breaks from as little as €199pp including half board

Half board from only €25ppn

Breaks from as little as €199pp including half board

06 WEEKS

01 WEEK

Contact our Groups Co-ordinator today to plan your perfect stay:
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We are located on the coast of East Cork, with panoramic views of the Atlantic Ocean, only 10 minutes from the local market town of Midleton.

Set in over 140 acres of woodland, our park is ideal for an adventure-filled school trip.